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17	15/06/2016	10:55	Lucy LETBY	Doctor U	Is he ok?
18	15/06/2016	11:29	Doctor U	Lucy LETBY	Small amounts of blood from mouth & 1ml from ng. Looks like pulmonary bleed on Xray. Given factor 8 - wait and see. Apnoeas have improved & gases good, colour & perfusion still not Great. If deteriorates will try to intubate.
19	15/06/2016	11:44	Doctor U	Lucy LETBY	Sorry if I was off during intubation, Bernie winds me up faffing etc , I like things to be tidy & calm (Well, as much as possible!)

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23	15/06/2016	17:24	[Redacted]	Lucy LETBY	I'll still be here. He's poorly, bled again & became apnoeic. Steve, Murthy, Huw [Redacted] x2 anaesthetic consultants failed to intubate so got an lgel in & awaiting newts with an ENT Dr. Sat having a quiet moment & want to cry. Just mad with so many people & lack of space etc
24	15/06/2016	17:24	[Redacted]	Lucy LETBY	
25	15/06/2016	17:25	[Redacted]	Lucy LETBY	I&S
26	15/06/2016	17:49	Lucy LETBY	[Redacted]	<p>Oh Lucy, poor little thing and you. It's it still chest - or has he bled elsewhere? Huw texted to say there was swelling - not sure if that's caused this or the result of attempts.</p> <p>Are you ok?</p> <p>Have a cry, you'll feel better for it I'm sure. You're welcome to take my car home if you're too tired to walk. I sort out picking it up in the morning.</p>
27	15/06/2016	18:19	[Redacted]	Lucy LETBY	<p>So sorry you've had a rubbish day at the end of your long run - holiday well and truly deserved. Blood from ng & mouth. Anaesthetics said severe epiglottitis, ? Abnormal anatomy. given dex. There was talk of a trachy but 2 Drs coming from ahch to assess shortly. Loads of input from different people etc so only just getting a clear plan.</p> <p>Im ok just feel like I've been running round all day & not really achieved anything positive for him Plus anaesthetic team were a bit rude & Minna & Bernie have been stressing which doesn't help, along with being tired. Almost finished though.</p> <p>Don't want to cry in front of people here, maybe when I'm home!</p> <p>That's very kind re the but should be ok. Have you managed to switch off at all & sleep?</p>
28	15/06/2016	18:49	Lucy LETBY	[Redacted]	<p>No not really!</p> <p>I&S</p> <p>Your day sounds as though it's been horrible, do you know when nwts are coming or are they waiting for ah ent first?</p> <p>I've never heard of epiglottitis in a baby, odd then that his crp was <1. I The blood was obscuring my view of the cords, sounds like there was an inflammatory thing going on which got worse.</p> <p>Poor you. Are you going to be ok? I'm sure he's had the best care possible today and that you will have done everything you can for him.</p> <p>I&S</p>

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40	15/06/2016	23:06	Lucy LETBY	[REDACTED]	They usually keep for a bit don't they? Are you ok?
					Yes. Won't need to eat them all at once! Yes thank you. Just glad he's ok. Quite impressed they got everyone together so quickly. What do you think caused his bleed? Hopefully I'll sleep well tonight & can enjoy getting ready for hols. Are you ok?
41	15/06/2016	23:09	[REDACTED]	Lucy LETBY	
42	15/06/2016	23:31	Lucy LETBY	[REDACTED]	He's just left the building.
					I think there will be a haemangioma or collection. If it was epiglottitis his crp should have been higher because he was starting to become unwell. Glad to hear that his cranial uss didn't show any bleeds.
43	15/06/2016	23:37	Lucy LETBY	[REDACTED]	I'd be surprised if you didn't sleep well after so many long days 😊
44	15/06/2016	23:41	Lucy LETBY	[REDACTED]	
45	15/06/2016	23:46	[REDACTED]	Lucy LETBY	
46	15/06/2016	23:54	Lucy LETBY	[REDACTED]	
47	15/06/2016	23:56	[REDACTED]	Lucy LETBY	
48	15/06/2016	23:59	[REDACTED]	Lucy LETBY	
49	15/06/2016	00:30	Lucy LETBY	[REDACTED]	

57	16/06/2016	10:21	Lucy LETBY	[REDACTED]	I called picu - stable overnight.
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94	21/06/2016	17:08	Lucy LETBY	[REDACTED]	<p>Messenger is being silly (or my phone needs updating)</p> <p>The 'what happened' was from a few hours ago about the chunk out of elbow. Messenger / phone just inserted at top of this one ☹.</p> <p>I know, it's not like me is it ☹. Chaos this morning and triplets this afternoon. What a day!!</p> <p>Looks like I've got the house to myself until 8ish, everybody out with clubs / meetings. Left early and time to myself ☹.</p>
95	21/06/2016	17:11	[REDACTED]	Lucy LETBY	<p>Oh ok, technical difficulties!!</p> <p>You get flung up in the air & all sorts on the inflatable, caught my elbow on the handle & left some of it behind</p> <p>The triplets delivered?! Wow, how did you manage to finish early & actually leave the building??</p> <p>Ahh that's perfect - Enjoy it</p>

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					<p>[Redacted] exactly, what would you say to someone who told you that...</p> <p>What gestation are the trips?</p> <p>I don't mind being busy anyway. Are you on nnu tomorrow?</p> <p>It's nice to be home, but it was also nice to be away from the 'real' world & just enjoy not having to do anything...</p>
125	22/06/2016	21:11	[Redacted]	Lucy LETBY	<p>Yep, you picked the eggs out of a basket & told the chef how you wanted it cooked</p>
126	22/06/2016	21:24	Lucy LETBY	[Redacted]	<p>They'd get the it's not good to mess around lecture, nice calm voice, tell me what you're meant to do. Why isn't it good tho break control. Your parents have worked really hard to get you this far, wouldn't it be a shame to let them down and make all their hard work pointless etc etc.</p> <p>Just forgot yesterday and was too busy today - doesn't sound very impressive really does it? 😊</p> <p>33+5. 3 x Optiflo.</p> <p>Down to do a clinic am and nnu pm but that seems silly, I've done nnu all week - will try and ditch the clinic in the name of patient continuity 😊. If I get away with that I may try selling fridges to Eskimos 🐶.</p>

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216	23/06/2016	21:54	Lucy LETBY	[REDACTED]	I'm glad you could talk to me and I hope I helped?
217	23/06/2016	21:54	[REDACTED]	Lucy LETBY	That's ok, didn't want you collapsing mid resus!!

222	23/06/2016	22:07	Lucy LETBY	[REDACTED]	I think the debrief was good - we didn't come up with anything missed or delayed. Maybe it's better to do it straight away rather than wait?
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324	24/06/2016	18:34	[REDACTED]	Lucy LETBY	Just going to dress him & Take footprints. Hope you are ok
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					Yes, Just got back. Heard all the crash bleeps going off.
330	24/06/2016	21:20	[REDACTED]	Lucy LETBY	I made a fool of myself whilst there
331	24/06/2016	21:21	Lucy LETBY	[REDACTED]	I asked them to be quick for you

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
457	25/06/2016	22:46	[REDACTED]	Lucy LETBY	Do I need to be worried about what Dr Gibbs was asking?
458	25/06/2016	22:54	Lucy LETBY	[REDACTED]	No
459	25/06/2016	22:58	Lucy LETBY	[REDACTED]	He was asking to make sure that normal procedures were being carried out.

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471	25/06/2016	23:25	Lucy LETBY	[REDACTED]	Lucy, if anyone knows how hard you've worked over the last three days it's me. The standard of care delivered is tertiary nicu level. if *anybody* says anything to you about not being good enough or performing adequately I want you to promise me that you'll give my details to provide a statement. I don't care who it is and I don't care if I've left the trust.
472	25/06/2016	23:27	Lucy LETBY	[REDACTED]	Promise?
473	25/06/2016	23:28	[REDACTED]	Lucy LETBY	Well I sincerely hope I won't ever be needing a statement But thank you, I promise
474	25/06/2016	23:48	Lucy LETBY	[REDACTED]	<p>And I don't either.</p> <p>You'll know that the coch nicu mortality rate is a bit higher than the network average. It makes people (consultants) look at trends and patterns. That may have been why DrG came to ask.</p> <p>As for the self doubt - you asked me this morning did I dream because I was worried about having missed something?</p> <p>No, and I don't think you did either.</p> <p>In fact for [REDACTED] you knew he was unwell and flagged it up immediately.</p> <p>I don't know the beginning of the [REDACTED] story because I arrived after the bleep.</p> <p>You didn't miss anything that I would expect an experienced itu trained nurse to spot.</p> <p>From a resus point out view you were flawless. It's why I am so happy to work with you. You don't flap, you give perfectly sensible suggestions and things run seamlessly. (You must be good Rackham said so (seldom praises)).</p> <p>No more doubt - it's not you, it's the babies.</p> <p>I don't know what happened to [REDACTED] and accept that the pm may not give any useful answers.</p> <p>I Do wonder if they may have had adenovirus - it's terrible in neonates / perinates.</p> <p>[REDACTED] is different.</p> <p>His behaviour is more bacterial (tachy, temp, reduced uo)</p> <p>I wouldn't be surprised if his bc comes back positive.</p>

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681	27/06/2016	17:41	[REDACTED]	Lucy LETBY	Eirian has just phoned telling me not to come in tonight & do days instead. I asked if there was a problem & she said No, just trying to protect me a bit & we can have a chat about it tomorrow but now I'm worried
682	27/06/2016	17:47	Lucy LETBY	[REDACTED]	Please don't worry.
683	27/06/2016	17:47	Lucy LETBY	[REDACTED]	I'm expecting the same conversation tomorrow.
684	27/06/2016	17:49	Lucy LETBY	[REDACTED]	Ravi & and the medical director met this morning and they then said they wouldn't accept [REDACTED] back. As the medical lead for Thur/Fri I'm expecting they'll want a chat.
685	27/06/2016	17:50	Lucy LETBY	[REDACTED]	I can't do this job if it's going to be like this. My head is a mess. Why is she ringing at this time. There must be a problem.
686	27/06/2016	17:52	Lucy LETBY	[REDACTED]	Lucy - you did nothing wrong at all. It is an odd time to ring, but you've had a rough few days and a good manager would realise that.
687	27/06/2016	17:59	Lucy LETBY	[REDACTED]	There is no problem. I suspect my head is in about the same place. The management was appropriate and your recognition of an unwell baby was spot on. The care delivered was quick and accurate. I can't fault anything with your delivery of care to either baby last week. If there was anything I would have said so. Eirian knows you, has there ever been a reason for you not to trust her?
688	27/06/2016	18:00	Lucy LETBY	[REDACTED]	I can't talk about this now
689	27/06/2016	18:00	Lucy LETBY	[REDACTED]	Ok
690	27/06/2016	18:00	Lucy LETBY	[REDACTED]	Sorry, I just need a bit of time
691	27/06/2016	18:12	Lucy LETBY	[REDACTED]	Sorry, that was rude. Felt completely overwhelmed & panicked for a minute. We all worked tirelessly & did everything possible, i don't see how anyone can question that. E has always been very supportive.


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1028	06/07/2016	00:54	Lucy LETBY	Lucy LETBY	You need to keep this to yourself. The meeting this afternoon looked at everything with [redacted] from birth onwards.
1029	06/07/2016	00:56	Lucy LETBY	Lucy LETBY	We reviewed everything. Room / meds / medical reviews and actions.
1030	06/07/2016	00:58	Lucy LETBY	Lucy LETBY	We looked at all documentation med & nur.
1031	06/07/2016	01:00	Lucy LETBY	Lucy LETBY	If you've any doubt about how good you are at your job - stop now. The documentation was perfect, everybody commented about the appropriateness of your request for a review of [redacted] following vomit.

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1071	06/07/2016	23:29	Lucy LETBY		I've since had an email from SB which makes me understand what is going on (will forward it to you - you might find it interesting)
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1234	01/09/2016	11:13	[REDACTED]	Lucy LETBY	Karen has just come. The panel want to see me asap, waiting for a time slot. The rep isn't available so Karen coming with me
1235	01/09/2016	11:15	[REDACTED]	Lucy LETBY	Do you think there is a problem?
1236	01/09/2016	11:16	Lucy LETBY	[REDACTED]	No I don't think there's a problem.
1237	01/09/2016	11:18	Lucy LETBY	[REDACTED]	They'll probably want to talk about what you remember. Be calm, it's not a review of you. On the verge of a mahoosive meltdown.
1238	01/09/2016	11:20	[REDACTED]	Lucy LETBY	Tony not answering, Hayley out.
1241	01/09/2016	11:25	Lucy LETBY	[REDACTED]	Remember the debrief with Oliver? I want you to go through it in your mind - when you meet the reviewers, deal with it in the same way. There are no trick questions, you didn't do anything wrong and your still the best nnu nurse I've ever worked with.
1242	01/09/2016	11:26	Lucy LETBY	[REDACTED]	You're
1243	01/09/2016	11:26	Lucy LETBY	[REDACTED]	It'll be fine
1244	01/09/2016	11:28	[REDACTED]	Lucy LETBY	Bit concerned about going without a rep, but Karen says has to be today

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1274	01/09/2016	18:14		Lucy LETBY	<p>Thank you for your help. The two members were nice. They didn't ask much about the babies, it was more about the unit as a whole etc. In brief, it looks as though there is the potential for this to go further over a long period of time. H thinks we need to look at taking out a grievance case.</p>
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